



CANADIAN
ATHLETIC
THERAPISTS
ASSOCIATION
ASSOCIATION
CANADIENNE
DES THÉRAPEUTES
DU SPORT

Addition of Athletic Therapy to Current Extended Health Care Policy

Dear Sir or Madame,

I'm writing this letter to ask that you consider adding the services provided by a **Certified Athletic Therapist**, CAT(C), to my current extended health care plan. I'm currently receiving care from a Certified Athletic Therapist for a musculoskeletal injury and I'm benefiting from this form of active treatment.

Many other insurance companies provide Athletic Therapy coverage for the rehabilitation of orthopaedic injuries when this treatment is provided by members of the Canadian Athletic Therapists Association. Certified Athletic Therapists base their treatments on the Sports Medicine Model that involves active rehabilitation. **This model has been proven to be more effective than passive rehabilitation, providing the fastest return to previous levels of health following an injury, and resulting in decreased therapy costs and less time away from work.** An integral and well-respected part of the sports medicine community, Athletic Therapists are found working with professional sports teams, industrial athletes, Olympic athletes and active individuals across Canada.

Some insurance companies have added Athletic Therapy coverage to their plans coupled with physiotherapy while still maintaining the same maximum coverage limit for paramedical services. I would like to ask that you consider offering this type of treatment as part of my current extended health care plan. This would give me and others additional access to the most appropriate and effective medical specialist without increasing the maximum allowed in annual claims.

Here is information on the Athletic Therapy certifying body for your inspection.

Canadian Athletic Therapists Association
Sandy Jespersen, Executive Director
Direct line: 416-549-1682
executivedirector@athletictherapy.org
www.athletictherapy.org

I would greatly appreciate a response at your earliest convenience. Thank you very much for your consideration.

Sincerely,

Policy number: _____